

OpenView Education

TRAINING THROUGH THEATRE

Anti-Bullying Lesson Plan Cards of Kindness (EYFS/KS1)



Introduction

If your students took part in an OpenView Education Anti-Bullying workshop or performance, start by reviewing what your students have learnt.

Ask your students...

- ★ What was one thing that you learnt from the workshop today?
- ★ How could you use what you learnt in the workshop?
- ★ What can we do to show kindness in our school?

Cards of Kindness Activity

Explain to your students that today's lesson is all about being kind to others, and how we can use kindness to make our school an even better place and stop bullying from happening.

Explain that we can show kindness in our actions and in our words.

Ask your students:

How could we show kindness with our actions?

How could we show kindness with our words?

After asking your students these questions, explain that you are all going to make a Card of Kindness.

The Cards of Kindness can be sent to another class, teacher or staff member in the school with the aim of saying thank you, and brightening their day with kindness.

Help your students in choosing who to write their Card of Kindness to. Remind your students that you are working as a team to spread kindness through your whole school, so each student could address their card to a different person.

Students can use the Card of Kindness template at the end of this document to write their letter and then decorate it. These can then be presented to the recipient during an assembly, or at a time that works best for your school's timetable.

To help your students get started with writing the letters, you can use the prompt sentences below and write complete sentences on the board that your students can copy.

Thank you for...

And

I am so happy that you are at my school because...

Students can then draw a picture of the person that they are addressing the letter to in the frame at the bottom of the template.

Once all of the cards have been delivered, they can be used to create a One Kind Word Wall Display for your school.

