



# OpenView Education

TRAINING THROUGH THEATRE

## IMPACT REPORT

**WORKSHOPS DELIVERED ON ANTI-BULLYING & WELLBEING IN EAST SURREY DURING OCTOBER - DECEMBER 2024.**

Workshops commissioned by YMCA East Surrey

## INTRODUCTION

This report covers the workshops delivered by OpenView Education on behalf of YMCA East Surrey during October, November and December 2024.

These workshops were commissioned by YMCA East Surrey with many thanks to Sarah Kenyon, Gemma Gay, Emma McKay and Judith Brooks.

During this time, OpenView Education provided two programmes for YMCA Schools: Anti-Bullying and Mental Health & Wellbeing.

Each programme includes a workshop created specifically for Early Years Foundation to Key Stage One and a workshop for Key Stage 2 - 3 pupils.

Our workshops are usually delivered with one class at a time, this allows for a highly interactive learning experience for the young people with opportunities to discuss the topics raised in the session.

### Anti-Bullying Workshops

Our Anti-Bullying workshops empower students to develop a clear understanding of what bullying is and how it is different from a conflict or an argument. Students also learn practical skills for resolving conflict through role-play.

The workshops focus on how students can access support if they see or experience bullying, this includes speaking to trusted adults and signposting Childline.

### Mental Health & Wellbeing Workshops

Our Mental Health & Wellbeing Workshops are underpinned by the 5 Ways to Wellbeing.

The workshops aim to equip students with strategies for building resilience and promoting wellbeing. It also seeks to normalise the conversation about mental health and seeking support.

Topics include speaking about our worries and how to access help, the value of staying active and connecting with others. The workshop concludes with guiding students through a mindfulness activity and reflecting on how we can use this strategy in our day to day lives.

Pupils take part in role-play and interactive drama activities to reinforce the skills and strategies.

### About OpenView Education

OpenView Education's mission is to empower young people with the skills and knowledge they need to live successful, happy lives. OpenView Education works with over 150,000 students every year.

The company uses theatre and drama to engage learners on important topics within the Relationships, Sex and Health Education curriculum.

## SUMMARY:

During October, November and December 2024, OpenView Education delivered Anti-Bullying Workshops and Mental Health and Wellbeing Workshops to schools in the East Surrey area. This work was commissioned by YMCA East Surrey.

- ✔ We visited **19** schools.
- ✔ We delivered **77** workshops.
- ✔ We reached **2,240** young people across East Surrey.
- ✔ The average response to the question '*How likely would you be to recommend OpenView Education to a friend or colleague?*' from all schools was **9.7** out of **10**.

## The feedback from teachers praised the following aspects of the workshops content and delivery:

- ✔ **Age Appropriate and Well Differentiated.** Teachers said that the workshops were relatable and tailored to different year groups, making them suitable for a range of ages.
- ✔ **Interactivity:** Teachers highlighted the interactive elements, including role-play and drama, as effective in engaging students.
- ✔ **Engagement:** Throughout the feedback the children were consistently described as actively involved and attentive throughout the sessions. Specific activities like the rap performance and drama exercises were memorable and engaging.
- ✔ **Clarity:** Teachers said that the workshops were clear and easy for children to understand.
- ✔ **Memorability:** Teachers mentioned that techniques such as the 'Stop sign', 'choose respect' and "remembering kindness" resonated with students and helped students remember the messages from the workshop.
- ✔ **Facilitator Skills:** The feedback praised the Behaviour Management of the OpenView Education's Facilitators. Specifically, their ability to manage groups effectively and maintain student focus. Facilitators were described as firm, engaging, and skilled at connecting with the children.
- ✔ **Impact on Students:** Teachers noted that children enjoyed the workshops and continued to talk about them afterwards. Students actively referred back to lessons from the workshops in daily interactions.
- ✔ **Organisation and Adaptability:** Teachers said that the workshops were well-organised, with facilitators adapting to room setups when necessary.
- ✔ **Correspondence:** Professional and responsive communication was appreciated by schools.

## SUMMARY OF ACTIVITY

We visited schools during October, November and December 2024. During these months, we delivered both the Mental Health & Wellbeing Workshops and our Anti-Bullying Workshops:

October 2024: Date of visit	Name of School	Topic	Year Group(s)	Number of students worked with	Number of workshops booked
07/10/2024	St John's C of E Primary, Dorking	Anti-Bullying	1,2,3,4	112	4
08/10/2024	St. Paul's, Dorking	Anti-Bullying	5 & 6	120	4
09/10/2024	Warlingham School	Anti-Bullying	Year 7	120	4
10/10/2024	Warlingham School	Anti-Bullying	Year 7	120	4
11/10/2024	Kingswood Primary School	Anti-Bullying Workshops	3, 4, 5 & 6	114	4
16/10/2024	Bletchingley Village Primary School & Nursery	Anti-Bullying Workshops	2, 4, 5, 6	120	4
17/10/2024	Hillcroft Primary, Caterham	Anti-Bullying Workshops	4 & 5	115	4
21/10/2024	Meath Green Infants	Anti-Bullying	Year 2	90	3
22/10/2024	Langshott School	Anti-Bullying	Year 5 & 6	120	4
23/10/2024	St Mary's Primary	Anti-Bullying	Year 5	95	4

<b>November 2024: Date of Visit:</b>	<b>Name of School</b>	<b>Topic</b>	<b>Year Group(s)</b>	<b>Number of students worked with</b>	<b>Number of workshops booked</b>
25/11/2024	Nutfield Primary	Anti-Bullying	3, 4, 5 & 6	119	4
26/11/2024	Leatherhead Trinity Primary	Anti-Bullying	5 & 6	98	4
27/11/2024	Oakfield Primary	Anti-Bullying	3 & 4	120	4
28/11/2024	Yattendon Primary	Anti-Bullying	Year 6	90	3
29/11/2024	Tadworth Primary	Anti-Bullying	5 & 6	120	4

<b>December 2024: Date of visit</b>	<b>Name of School</b>	<b>Topic</b>	<b>Year Group(s)</b>	<b>Number of students worked with</b>	<b>Number of workshops booked</b>
02/12/2024	St Peter's, Leatherhead	Wellbeing	5 & 6	120	4
03/12/2024	St Matthew's C of E, Redhill	Wellbeing	5 & 6	117	4
04/12/2024	Woodlea Primary School	Anti-Bullying	3, 4, 5 & 6	120	4
05/12/2024	St Martin's C of E, Epsom	Wellbeing	6	90	3
13/12/2024	Wray Common Primary School	Anti-Bullying	5 & 6	120	4

<b>Total Number of Students:</b>	<b>2,240</b>
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*\*Student numbers are approximate and do not factor in absences on the day of the visit.*

## QUALITATIVE FEEDBACK

The feedback below was received from teachers after our visit. Please note, it has been written verbatim.

### What did you like most about the workshops, resources and/or training?

"They were very child friendly and relatable to every year group. The staff commented how good the leaders were with children and were specifically impressed with how well the leaders managed the group and their behaviour management skills."

"It was interactive and the children loved the rap at the end."

"Interactive and the drama aspect. The children really engaged with the learning."

"The training was age specific and presented brilliantly. The children were engaged and kept active throughout the workshop which was great."

"Very engaging and interactive."

"The workshop was run well. I liked that the lady running was firm with the children so they understood the topics sensitivity. There was a good mixture of drama, talking, and listening, so it kept the children engaged. The phrase 'choose respect' resonated with the class, and has become daily class language."

"The fact it was so interactive and clear. The kids got to put their ideas into practice during their role play sessions."

"All year groups that attended came back with a positive response. The teachers informed me that it was really interactive and the children were all engaged."

"Positive feedback from students. Well organised, punctual arrival and alternative setup for the room."

"Great use of drama to bring each situation to life. The trainer was great and had super behaviour management skills which meant pupils gained the most out of the session."

## How could the workshops, resources and/or training be improved?

*"Available for KS1 also."*

*"It was just right!"*

*"I haven't experienced enough of these types of workshops to compare to, I thought it went really well."*

*"Perhaps have a worksheet to take away with us to outline the wording they were practising."*

*"I did not attend as I was teaching. However, all teachers gave positive feedback so don't feel there was any need for improvement."*

*"I have not had feedback from the staff supervising the sessions to comment on this, have only been given verbal feedback from a variety of different students when asked about it during social time."*



## Would you like to leave a message for your facilitator?

*"Thank you to Danny for an excellent workshop."*

*"Thank you for presenting a workshop that was age appropriate and enjoyable for the children. The children still refer to the workshop, especially using STOP and remembering kindness."*

*"Thank you."*

*"Thank you. It was delivered really well."*

*"Thank you so much for your correspondence even though I was not able to attend personally, colleagues said it was really good and the children loved it!"*

*"Thank you for your time, all 8 classes have given positive feedback about the sessions, although I know one of them was brought to you very late."*

*"Thank you so much for providing the sessions for year 3 &4, you were brilliant!"*

## What kind of resources would you like us to provide more of in the future?

*"Some resources that could be used in the classroom to support further talks about anti-bullying throughout the year."*

*"It would be great to have workshops related to PSHE, emotions, self-regulation etc., for younger years Reception-Year 2."*

*"Perhaps have a worksheet to take away with us to outline the wording they were practising."*

*"The script to be able to use, which was used in the workshop."*

## Feedback received from the following schools:

- Kingswood Primary School
- Bletchingley Village Primary
- Langshott Primary School
- Meath Green Infant School
- St Paul's
- St John's Primary School, Dorking
- Warlingham School
- Oakfield Junior School

We'd be delighted to continue working alongside YMCA East Surrey in supporting the wellbeing of your young people.

If you would like to discuss commissioning further workshops, please get in touch at [info@openvieweducation.co.uk](mailto:info@openvieweducation.co.uk) or give us a call on 0207 459 4473.

### **Impact report prepared by:**

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